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**ELLIS
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1st June 2026

Dear Parents and Carers,

To ensure our children are appropriately aware of the risks associated with vaping, and to support informed, healthy choices, we will be hosting an 'Escape the Vape' activity in school on Friday 5th June.

A Nottingham City survey of 12–15-year-olds in 2023 found that 17% had tried vaping, which has initiated a project in secondary schools. Children will be learning that nicotine in vapes is a highly addictive substance and that it can affect adolescent brain development, including areas linked to emotional regulation, concentration, and mental health.

Children who would like help or advice about stopping vaping will have the opportunity to speak confidentially with the Escape the Vape team, who can offer guidance and support.

The day will be overseen by our Safeguarding Team to ensure children feel safe, supported, and able to ask questions.

Thank you for your continued support.

Kind regards,

Mr Williams
Assistant Principal – Designated Safeguarding Lead (DSL)