



20th May 2026

Dear Parent/Carer,

Ellis Guilford School PE Uniform Policy – Piercings

Our final day at school for this half term is Friday 22nd May.

Although usual end-of-half-term communications will be on their way to you nearer the time, I wanted to use this opportunity to reiterate our school policy on piercings.

It is strongly recommended that any new piercings are avoided during this short break, due to our policy on piercings in PE and Dance.

- All jewellery must be removed for PE and Dance. Spacers are also not permitted to be worn.
- Tape is not permitted to be worn over piercings.

This policy is informed by the Association for PE who stipulate such measures. We are, unfortunately, unable to adjust our policy to ensure we comply with this health and safety guidance.

If new piercings are to be sought, the summer holiday provides a longer period of time for children to wear new jewellery and allow healing time so that they can be removed for PE and Dance lessons in September.

Children who are not able to remove piercings, or opt not to do so, will be issued with a 30-minute reflection, which we would like to avoid at all costs.

We want all our children to be successful. Please do support us in reinforcing these expectations at home.

Thank you, as always, for your continued support.

Kindest regards,

Miss Johnson
Principal